# BRUNCH

AVAILABLE 9AM-3PM SATURDAYS
EAT IN OR TAKEAWAY



### TOAST (V) (GF AVAIL) £2.5

GRANARY/WHITE/BAGEL/SOURDOUGH/FRUIT TEACAKE/CINNAMON & RAISIN BAGEL/CRUMPETS GLUTEN FREE WHITE

CHOOSE A TOPPING - RASPBERRY JAM / PEANUT BUTTER / NUTELLA / MARMITE / CREAM CHEESE

### GRANOLA (v) £4

 $\begin{tabular}{ll} YOGHURT / GRANOLA / FRUIT COMPOTE OR HONEY \\ \hline (Ve) AVAILABLE \\ \end{tabular}$ 

### BREAKFAST POWER BOWL (V) (GF AVAIL) £6

YOGHURT / GRANOLA / BANANA / BLUEBERRIES / CACAO NIBS / CHIA SEEDS / HONEY

(Ve) AVAILABLE

### PORRIDGE (V) (GF AVAIL) £4

ADD HONEY OR FRUIT COMPOTE ADD BLUEBERRIES OR BANANA £1 (Ve) AVAILABLE - CHOOSE MILK ALTERNATIVE

### PANCAKES £5.5

CHOOSE STREAKY BACON & MAPLE SYRUP, OR BLUEBERRIES & HONEY (V), OR FRUIT COMPOTE & BOURBON VANILLA ICE CREAM (V)

### HOT SANDWICHES (GF AVAIL) £3.5

CUMBERLAND SAUSAGE OR SMOKED BACON OR EGG WHITE BLOOMER, GRANARY BLOOMER, WHITE BAGEL, GLUTEN FREE WHITE ADD AN EXTRA FILLING  $\pounds 1.50$ 

#### EGGS (V) (GF AVAIL) £5

3 FREE RANGE SCRAMBLED OR FRIED EGGS / TOAST

### MASHED AVOCADO ON TOAST £5.5

(V) (Ve) (GF AVAIL)

SOURDOUGH / AVOCADO / HEMP SEEDS / CHILLI FLAKES / SALT

### BREAKFAST WRAP £6

CUMBERLAND SAUSAGE / SMOKED BACON / EGG / HASH BROWN / BEANS / CHEESE / BOTH SAUCES

### SAUSAGE, CHEESE & POTATO WRAP £5

CUMBERLAND SAUSAGE / HASH BROWN / CHEESE

### **BREAKFAST PLATE £8**

CUMBERLAND SAUSAGE / SMOKED BACON / FRIED EGG / HASH BROWN / BEANS / GRILLED TOMATO / TOAST

### BOMBA EGGS (V) (GF AVAIL) £6

2 FRIED EGGS / 2 HASH BROWN / PLUM TOMATO / SPINACH AND A SPOON OF SPICY BOMBA (SPICY CALABRIAN VEGETABLE RELISH) ADD BACON OR SAUSAGE FOR £2

# SOFO OPEN FACED SANDWICH £7 (GF AVAIL)

2 FRIED EGGS ON SOURDOUGH / SMOKED BACON / AVOCADO / CHIPOTLE MAYO

### NEW YORK BREAKFAST BAGEL £5

SMOKED STREAKY BACON / FRIED EGG / CHEESE

## SMOKED SALMON & AVOCADO (GF AVAIL) £8

SOURDOUGH/SCRAMBLED EGG

### CHICKEN & CHORIZO WRAP £6

CHEESE / JALAPEÑOS / SPINACH SERVED WITH SALTED NACHOS

### LEMON & TARRAGON WRAP £6

CHICKEN / SPINACH / TOMATO SERVED WITH SALTED NACHOS

### PASTRAMI BAGEL £6

CHEESE / PICKLES / AMERICAN MUSTARD SERVED WITH SALTED NACHOS

### SPICY TUNA BAGEL £6

SPICY TUNA MIX / CHEESE / TOMATO SERVED WITH SALTED NACHOS

### TOMATO & MOZZARELLA BAGEL (V) £6

WITH PESTO / SPINACH / BALSAMIC GLAZE SERVED WITH SALTED NACHOS

### THAI CHICKEN SALAD (GF) £8

SHREDDED CHICKEN / MIXED LEAF / CABBAGE / TOMATOES / RED ONION / CUCUMBER / NUTS / CORIANDER / CHILLI GARLIC THAI DRESSING

### BUDDHA BOWL (GF AVAIL) £8

LEAF / BEETS / COUS COUS / SPICY CHICKPEAS / AVOCADO / EGG / HOUMUS
CHOOSE CHICKEN OR FALAFEL (V) (Ve)
CHOOSE A DRESSING

### SOUP & GRILLED CHEESE (v) £4.5

(GF & Ve AVAIL)

ASK FOR SOUP OF THE DAY